

HOW YOU CAN HELP
WHETHER A FAMILY KNOWS THEY NEED IT OR
NOT
JASON HUTCHINGS, CADAC
INTAKE COORDINATOR
PATHWAY DRUG ABUSE
PROGRAM

**SO MUCH TO DO, SO LITTLE
TIME**

- 15-30 MINUTES IS NOT ENOUGH TIME TO DO AN INTERVENTION
- 15-30 MINUTES IS ENOUGH TIME TO ADDRESS CONCERNS AND MAKE A REFERRAL
- YOU MAY BE THE FIRST PERSON TO ADDRESS THIS PROBLEM SO BEING KIND IS AS IMPORTANT AS BEING DIRECT
- FOLLOW UP

**WHAT ARE YOU WALKING
INTO?**

- MOST PARENTS THINK PROBLEMS WITH CHILDREN REFLECT THEIR PARENTING
- ADOLESCENTS ON DRUGS WILL LIE (A LOT)
- CONFRONTING DENIAL WITH FAMILIES CAN BE A CHALLENGE (WHO DOESN'T WANT TO TRUST THEIR OWN CHILD?)
- FAMILIES MAY NOT VOLUNTEER INFORMATION SO IT IS IMPORTANT TO ASK QUESTIONS

ADOLESCENT NEEDS

- ADOLESCENT NEEDS ARE DIFFERENT THEN ADULT NEEDS
- SOCIAL
- EMOTIONAL
- SELF ESTEEM
- PHYSICAL
- FAMILY ISSUES

KNOW YOUR RESOURCES

- DETOXIFICATION
- WILDERNESS
- HOSPITALIZATION
- RESIDENTIAL PROGRAMS
- I.O.P. PROGRAMS
- INDIVIDUAL COUNSELING

AFTERCARE IS KEY

- GOOD AFTER CARE IS VERY IMPORTANT IF LONG TERM SOBRIETY IS TO BE ACHIEVED
- AFTERCARE SHOULD MEET THE NEEDS OF ADOLESCENTS
- 12 STEP SUPPORT GROUPS
- POSITIVE SOCIAL ENVIRONMENT, ONGOING COUNSELING, CONTINUING TO CREATE AND ACHIEVE POSITIVE GOALS
- RECOVERY SHOULD BE ATTRACTIVE AND FUN

TREATMENT AWARENESS

- THERE ARE MANY FORMS OF TREATMENT ALL WITH DIFFERENT STRENGTHS
- YOU CAN HELP MATCH A FAMILY WITH THE RIGHT TREATMENT PROGRAM
- LEARN ABOUT THE PROGRAMS IN YOUR COMMUNITY
- AWARENESS WILL GIVE YOU AND THE FAMILIES YOU WORK WITH THE INFORMATION THEY NEED TO HELP THEIR CHILDREN

MOST IMPORTANT

- THESE FAMILIES ARE FACING A DIFFICULT ROAD. THEY NEED TO KNOW THAT THERE IS HOPE, THAT YOU AND MANY OTHERS ARE ON THEIR SIDE.
